## TAWFĪQ ONLINE LEARNING

## The Book of Sabr & Shukr Mukhtaṣar Minhāj al Qāṣidīn

Abul 'Abbās Najm al Dīn Aḥmad Ibn Qudāmah al Maqdisi (d.689 ah) Raḥimahullāh



## The Book of Sabr & Shukr

## Main topics:

| • | The virtue of <i>Ṣabr</i> , its realities and types.  |
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| • | <ul> <li>Sabr is of two types:</li> <li>That which agrees with one's desires</li> <li>That which opposes one's desires</li> </ul> |
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| • | Etiquettes of Ṣabr                            |
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| • | <i>Ṣabr</i> as a remedy and how to obtain it. |
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| • | Şabr as a remedy and how to obtain it.        |
| • | Ṣabr as a remedy and how to obtain it.        |

| • | Shukr: its virtues, understanding blessings and the types of shukr |
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| • | The reality of Shukr   |
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|   | How to be grateful                       |
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| • | The reality of blessings and their types |
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| • | Combining between Ṣabr and Shukr |
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| • | What is more virtuous?           |
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